




Orange County Fall 2024 Mental Health Trainings



TRAINING		DATE & TIME	LOCATION
	<p>Adult Mental Health First Aid Teaches how to recognize signs of mental health or substance use challenges in adults ages 18 and older, how to offer and provide initial help, and how to guide a person toward appropriate care, if necessary.</p>	<p>Wed., Sept. 18 8:30am-4:30pm</p> <p>Sat., Sept. 21 9am-5pm</p>	<p>Orange County Solid Waste 1207 Eubanks Road Chapel Hill, NC</p>
	<p>Youth Mental Health First Aid Teaches parents, family members, caregivers, teachers, school staff, health and human services workers, and other adults who primarily interact with young people (age 12-18) how to offer and provide initial help, and how to guide the teen toward appropriate care, if necessary.</p>	<p>Tuesday, Sept. 24 8:30am-4:30pm</p>	<p>Orange County Solid Waste 1207 Eubanks Road Chapel Hill, NC</p>
	<p>ASIST (Applied Suicide Intervention Skills Training) <i>Must attend both days.</i> A 16-hour training that teaches participants to provide a skilled intervention and develop a collaborative safety plan to keep someone safe and alive. Trusted by professionals yet learnable by anyone, LivingWorks ASIST is the world's leading suicide intervention model.</p>	<p>Wednesday & Thursday October 16-17 9am-5pm</p>	<p>Cedar Grove Community Center 5800 NC HWY, NC-86 Hillsborough, NC</p>

Register at www.orangecountync.gov/MHFall2024



Public Health

For more information, contact Marcy Williams, Public Health Education Manager, at 919.245.2449 or marcwilliams@orangecountync.gov.