

Registration Closes When All Slots are Filled

Includes program materials and credit as applicable
Continental Breakfast and Lunch will be provided.

\$35; \$45 after 3/14/16 – Credit NOT included
\$75; \$100 after 3/14/16 – Includes professional credit

Register online at www.wakeahec.org

For questions, contact Kristen Murphy at 919-350-0464 or
krmurphy@wakeahec.org.

Last Year's Sponsoring Organizations

Sustaining Sponsors (\$500 or more)

Binkley Baptist Church, Chapel Hill; Chapel Hill Bible Church; NAMI Alamance, Caswell, Rockingham; NAMI Orange County; NC Conference of the United Methodist Church; NC Conference of the UMC–Disability Concerns Committee; St. Thomas More Catholic Church, Chapel Hill; The Chapel of the Cross Episcopal Church, Chapel Hill

Supporting Sponsors (\$250 – \$499)

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Contributing Sponsors (Under \$250)

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Faith Connections on Mental Illness

The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.

info@faithconnectionsmentalillness.org
faithconnectionsmentalillness.org

Growing Up In Faith With Mental Illness



Sponsored By
*Faith Connections on
Mental Illness*

St. Thomas More Catholic Church
940 Carmichael St., Chapel Hill, NC

Friday, April 1, 2016

Registration: 7:30 am
Program: 9:00 am - 4:30 pm

Learning Objectives

At the conclusion of this educational activity, participants will be able to:

- Review model for how a congregation can raise awareness of mental illness.
- List ways that spiritual practices can be used to nurture hardiness in college-aged young adults.
- Identify how to build professional support, coordination and referral structures into children's ministry.
- Recognize how common mental health disorders affect development.
- Discuss how faith plays a role in raising children with mental illness.
- Identify ways to better impact systems such as mental health, juvenile justice, faith communities, and education through hearing the experiences of young people in those systems.
- Discuss the signs and symptoms of depression.

AGENDA

Growing Up In Faith With Mental Illness
Friday, April 1, 2016

- 7:30 am Registration & Exhibits
- 9:00 Welcome & Introductions
- 9:10 About Faith Connections
- 9:20 **Hope & Healing: Surviving the Storm of Teen Depression***
Keynote Speaker: *Rev. Gary E. Nelson*
- 10:20 Break/Exhibits
- 10:45 **Understanding Mental Illness in Childhood & Adolescence - Recognition & Successful Treatment***
Plenary Speaker: *Dr. Jack Naftel*
- 11:45 **Award Presentation & NAMIWalks**
- 12:00 pm Lunch (Provided)
- 12:45 **Breakout Sessions**
Choice of #1 or #2
- 1:45 **Transition Break**
- 2:00 **Breakout Sessions**
Choice of #3 or #4
- 3:00 Break/Exhibits
- 3:15 **Youth M.O.V.E**
(Motivating Others Through Voices of Experience)
Damie Jackson-Diop & Youth
- 4:15 **Closing Summary: Final Words of Hope**
Rev. Gary E. Nelson
- 4:30 pm Adjourn

Only the sessions marked with an (*) are eligible for Category A NC Psychology credit.

Handouts will be posted at
faithconnectionsmentalillness.org

Hard copies will not be available at the conference.

Keynote Speaker - Gary E. Nelson, DMin



Depression is one of the top killers of teens. Dr. Nelson is a pastoral counselor and pastor with over 38 years of experience working with teens and families. His son suffered through depression and anxiety as a teen. Dr. Nelson used his son's story to talk about teen depression in his book, *A Relentless Hope: Surviving the Storm of Teen Depression*. In this seminar Dr. Nelson will dialogue about teen depression – what it looks like on the outside and inside, help for those teens suffering from depression, and help for those walking the journey with the teens.

Plenary Speaker - Jack Naftel, MD



Dr. Jack Naftel will discuss the presentation, course and treatments of common mental disorders in childhood and adolescence, with a focus on risks and benefits of pharmacological treatment. The session will cover barriers and difficulties that impair long term treatment success.

Youth M.O.V.E.



Members of Youth M.O.V.E. North Carolina will work as a diverse collective of young adults to empower youth to advocate for their rights and those of other youth at the local, state and national level. We will raise awareness of youth struggles across all systems and work to reduce the stigma attached to mental health.

Breakout Sessions

- #1. Parental Insights: Raising Children with Mental Illnesses in Faith**
Ruby Brown-Herring, Barbara Hall, Stacey Hirshman
Objective: Discuss how faith plays a role in raising children with mental illness.
- #2. Applying Therapeutic Strategies to Children's Ministry**
Tina LePage, PsyD
Objective: Identify how to build professional support, coordination and referral structures into children's ministry.
- #3. Spiritual Not Religious: Having "None" of That**
Jeanine Driscoll, PhD
Objective: List ways that spiritual practices can be used to nurture hardiness in college-aged young adults.
- #4. One Church's Efforts to Raise Mental Health Awareness**
Jay Williams, PhD, LCSW & Elinor Williams, MSW, LCSW
Objective: Review model for how a congregation can raise awareness of mental illness.

Growing Up In Faith With Mental Illness

Friday, April 1, 2016

Register online at www.wakeahec.org OR complete both sides of this form.

***NOTE: Registration will not be processed without payment.**

- \$35; \$45** after 3/14/16: **Professional credit not included.**
No refunds will be issued. Substitutes encouraged.
- \$75; \$100** after 3/14/16: **Includes professional credit. \$30 cancellation fee.**
Refunds will only be issued if we are notified by 5 pm on March 28, 2016.

\$ _____ Total

PID#: _____ (Last name + last 4 digits of Social Security #)
If you have attended a Wake AHEC program in the last 6 months, we only need Your Personal ID (PID) number and a phone number. If there are changes to your personal data, please update your information below.

Dr. Mr. Mrs. Ms.

First Name MI Last Last 4 digits of SSN (required)

Home Address City State Zip County

Home Phone Work Phone

E-mail Address Fax

By providing your fax number, e-mail address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Clinical Specialty	Degree(s)/Certification(s)
Employer Name	Department
Employer Address	Job Title
	City State Zip County

Are you requesting professional credit? Yes No
If YES, please provide information below

Attendee Role (Reason for attending): Faith Leader Lay Person

Individual Clergy Other/Professional: _____

Faith Community/Organization & City: _____

Exhibitor (Name of Organization): _____

Visit www.wakeahec.org for our ADA statement and Inclement Weather Policy.

Payment must accompany registration.

\$ _____ total (from other side) 46816km

Check enclosed (Make payable to Wake AHEC.)

Charge my: Corporate Card Personal Card

Discover MasterCard VISA AMEX

Card # _____ Exp. Date _____

Authorized Signature _____ Name as it appears on card (please print)

Lunch Selection - Continental breakfast and lunch are provided.

- Roast Beef Turkey Tuna Salad Vegan
- Gluten Free

Breakout Sessions - Choose one for each time period

12:45 pm: #1 OR #2 **2:00 pm:** #3 OR #4

Only the sessions marked with an (*) are eligible for Category A NC Psychology credit.

Category A NC Psychology Credit: This program will provide 2.0 contact hours of continuing education for North Carolina Psychologists.

Wake AHEC CEU: Wake AHEC will provide 0.5 CEU to participants upon completion of this activity.

Contact Hours: Wake AHEC will provide up to 5.25 contact hours to participants.

Public School Personnel Renewal Credit (PSPR): Certificates for 5.25 contact hours of education will be awarded at the completion of the program.

Participants must attend 100% of each session selected to receive credit.
Partial session credit will not be awarded.

Register online at www.wakeahec.org or Fax: 919-350-0470

Mail: Wake AHEC, 3261 Atlantic Avenue, Suite 212, Raleigh, NC 27604-1657

Program Sponsor

**Faith Connections on
Mental Illness**



faithconnectionsmentalillness.org

For questions, contact Kristen Murphy
at 919-350-0464 or krmurphy@wakeahec.org.

WakeAHEC
BETTER HEALTHCARE THROUGH EDUCATION

Wake AHEC is part of the North Carolina AHEC Program.