

## Registration Closes When All Slots are Filled

*Includes continental breakfast, lunch, & program materials.*

- ⇒ \$25 by 3/20/15; \$35 after 3/20/15 – Credit NOT included
- ⇒ \$45 by 3/20/15; \$55 after 3/20/14 – Includes professional credit

**Online Registration through Wake AHEC  
will open in January 2015**

### 2014 Sponsoring Organizations

NAMI Durham ♦ NAMI Orange ♦ NAMI Alamance Caswell/Rockingham Co.  
♦ NAMI North Carolina ♦ Cardinal Innovations Healthcare Solutions ♦ Josh's Hope Foundation, Inc.  
Mental Health America of the Triangle ♦ Durham Congregations in Action  
One Mind Mental Illness Ministry ♦ Shared Visions Foundation  
NC Conference of the United Methodist Church ♦ NC Conference of the United Methodist Church - Disability Concerns Committee

### 2014 Sponsoring Faith Communities

Asbury United Methodist Church ♦ Olin T. Binkley Baptist Church ♦ Blacknall Memorial Presbyterian Church  
Beth El Congregation ♦ Blessed Sacrament Catholic Church ♦ Catholic Community of St. Thomas More  
Chapel Hill Bible Church ♦ Chapel of the Cross Episcopal Parish ♦ Chapel in the Pines  
Christ United Methodist Church ♦ Church of Reconciliation  
Church of the Holy Family Episcopal ♦ Community Church of Chapel Hill UU  
First Presbyterian Church, Durham ♦ Holy Family Catholic Church  
Holy Trinity Lutheran Church ♦ Judea Reform Congregation ♦ Mt. Carmel Baptist Church  
Orange United Methodist Church ♦ Pullen Memorial Baptist Church  
St. Matthew's Episcopal Church ♦ St. Michael the Archangel Catholic Church ♦ St. Paul United Methodist Church  
Union Missionary Baptist Church ♦ United Church of Chapel Hill  
University Presbyterian Church ♦ University United Methodist Church (and United Women from UUMC)  
Watts Street Baptist Church ♦ Westminster Presbyterian Church

### *Faith Connections on Mental Illness*

*The mission of Faith Connections on Mental Illness is to work with all faith communities to welcome, include, support, educate, and advocate for individuals and families who are living with mental illness.*

**Faith Connections meets on the 3rd Friday of each month at 3:30 p.m.  
St. Thomas More ♦ 940 Carmichael St. ♦ Chapel Hill, NC 27514**

For more information, contact:  
919.942.6227; faithconnectmi@aol.com  
www.faithconnectionsmentalillness.org

Help & Hope

## Connecting Faith Resources with Mental Health

Sponsored By

*Faith Connections on  
Mental Illness*



At St. Thomas More  
Chapel Hill, NC

Friday, April 10, 2015  
8:30 am - 4:30 pm

### Conference participants will

- *State behaviors that evidence stigmas and fears toward those with mental illness*
- *Be able to implement 10 Steps for starting a Mental Health Ministry*
- *Be able to implement a Welcoming, Inclusive, Supportive and Engaging (WISE) Covenant for Mental Health in their congregations*
- *Know the step-by-step process for starting a spiritual support group*
- *Identify local resources for enhancing mental health ministry and care*

# Embracing Troubled Minds: The Role of Faith Communities

Sponsored By *Faith Connections on Mental Illness*

Friday, April 10, 2015

8:30 am - 4:30 pm

St. Thomas More - Chapel Hill, NC

- 8:30 am Registration & Exhibits  
9:00 am Welcome & Introductions  
9:15 am **Overcoming Fears and Prejudices  
In Our Faith Communities**  
Keynote Speaker: *Amy Simpson, MBA*  
10:30 am Break/Exhibits  
10:45 am **Break the Silence About Mental  
Illness: How to Start a Mental Health  
Ministry In Your Congregation**  
Invited Speaker: *Alan Johnson, M. Div.*  
11:30 am **Presentation of FCOMI Award**  
Josh's Hope  
11:40 am Lunch (Provided)  
12:30 pm **Breakout Sessions**  
*Choice of #1 or #2*  
2:00 pm **Breakout Sessions**  
*Choice of #1 or #3*  
3:15 pm Break/Exhibits  
3:30 pm **What God Does** Amy Simpson, MBA  
4:10 pm **Closing: A Blessing for the Church**  
*Amy Simpson, MBA*  
4:15 pm Adjournment

**Professional credits offered by Wake AHEC**



## Keynote Speaker - *Amy Simpson, MBA*

Amy Simpson is the award-winning author of *Troubled Minds: Mental Illness and the Church's Mission* and *Anxious: Choosing Faith in a World of Worry* (both InterVarsity Press). She is a Co-Active personal and professional coach for clients throughout the United States and enjoys coming alongside people to help them own their purpose, step forward, and live in truth. She also serves as editor of *Gifted for Leadership*, Senior Editor of *Leadership Journal*, and a speaker for various events. Amy is a member of Ink: A Creative Collective. She is married to Trevor Simpson, a licensed clinical professional counselor, and is mom to two girls. They live in Illinois. You can find her at [AmySimpsonOnline.com](http://AmySimpsonOnline.com) and on Twitter @aresimpson.

## Breakout Sessions

- #1. Rev. Johnson, *How to Start a Spiritual Support Group in Your Congregation*
- #2. Ms. Danser, *Mental Health America of the Triangle Support Offerings*
- #3. Dr. Gilmore, *The Effect of Early Brain Development on Risk of Developing Schizophrenia*



## Invited Speaker - *Alan Johnson, M. Div.*

Rev. Johnson is Co-Founder of Interfaith Network on Mental Illness (INMI), Boulder, CO and developer of resources for the INMI website: [www.inmi.us](http://www.inmi.us). He graduated from Yale University Divinity School and pastored churches for many years before becoming chaplain at The Children's Hospital and University Hospital, Denver. He continues to facilitate the Spiritual Support Group for Mental Health and Wellness. Since he retired, Rev. Johnson has been very active in the mental health ministry nationwide, including coordinating the three national United Church of Christ **Widening the Welcome: Inclusion for All** Conferences, 2010-2012, and chairing the Planning Team for 2015. He is developer of resources for faith communities to engage in mental health ministry ([www.mhn-ucc.blogspot.com](http://www.mhn-ucc.blogspot.com)).

## Guest Speakers

### *Shelley Danser, LCSW*



Program Coordinator for the Pro Bono Counseling Network and the Compeer Program at Mental Health America of the Triangle ([mhatriangle.org](http://mhatriangle.org)).

### *John Gilmore, M.D.*

Director of UNC Schizophrenia Research Center, and Medical Director of the UNC STEP Community Clinic – Wake in Wake County. Dr. Gilmore's research focuses on pre- and early postnatal brain development and how it contributes to risk for schizophrenia.

